



carmel
college

Inspiring minds.
Shaping futures.

BTEC SPORT

COURSE GUIDE 2017

“Sports do not build character,
they reveal it.”

HEYWOOD BROUN

Sport

Exam Board: PEARSON

Extended Certificate in Sport – 1 A Level (4 units) Diploma in Sports Performance – 2 A Levels (10 units)

The department will be offering exciting new BTEC qualifications for the 2017 academic year, including both the Extended Certificate and Diploma in Sports Performance and Coaching.

The new BTEC Nationals in Sport provide you with vocational courses that combine theory with practical methods of learning in a range of different units. Units you will study on our programme include; Anatomy and Physiology, Fitness Training and Programming for Health, Sport and Well-being and Professional Development in the Sports Industry. Additional units studied on the Diploma include Sports Performance Analysis and Practical Sports Performance.

The vocational nature of the BTEC programme enables staff to enhance learning outside of the classroom. This means that you will participate in a range of practical sessions to extend and test your understanding. In a number of assignments you will generate evidence through the practical application of knowledge. These courses also involve trips and visits to sports teams and businesses in sport to allow you to meet with industry professionals, bringing your course to life. On the current programme we have taken our learners to the Everton Academy at Finch Farm to attend a seminar with Duncan Ferguson on the role of a coach in sport; the Chill Factore and Langtree Park to study risk managements in sport; and a number of local schools to develop coaching skills. There will be many exciting opportunities for you throughout the duration of your course.

As a result of the varied programme studied, the high quality teaching and the extensive support on offer at Carmel, you will develop an in-depth knowledge and understanding of sport. You will acquire the skills to study a range of sport related degree qualifications or enter the sports industry, allowing you to build a career in sport. Your employability skills will also be developed as we are committed to promoting independent learners. The department has high expectations with regards to punctuality, attendance and work rate. You will be required to meet deadlines, demonstrate excellent time management and be reflective in your learning. The development of these skills and qualities will ensure you are not only successful in your studies but also in your future employment.

How will I be assessed?

The new BTEC National will use a combination of assessment styles to engage and challenge you throughout the course. The varied methods of assessment will also develop a range of skills including communication/ presentation skills through the delivery of oral presentations or practical sessions, time management/ organisational skills when delivering coaching sessions or conducting fitness tests, ICT skills to produce video evidence or blogs and development of literacy skills through the completion of written coursework assignments.

The varied assessment methods will maximise success ensuring that you feel confident and are able to achieve the highest possible grades. We believe that this is excellent preparation for study at university level and is one of the biggest strengths of the course.

The Everton Scholars study the BTEC Sport, Performance and Excellence pathway at Carmel. Outside of the classroom the boys finished 2nd in the Premier League and won the Dallas Cup in the 2015-16 season.



Our students say...

The thing I enjoy most about Carmel is how helpful and supportive the staff are; they are always there if I have some questions about the work.

I also like how it is really different from my high school, Carmel allows you to be more independent. The BTEC Sport lessons are really detailed and informative. The teachers in the department have a great sense of humour which makes lessons hugely enjoyable. If you like coursework subjects, I really recommend this subject. During my time at Carmel, I've been on a trip to Edge Hill University where we got the chance to take part in sports activities and look around the sports facilities. This has influenced my decision to attend Edge Hill University after I leave College. I am considering studying Sports Psychology.



Daniel Alexander
De La Salle

Studying:
BTEC Sport, BTEC Science, Applied Business



What is the PE/Sport department like?

The department is equipped with all the facilities required to deliver a modern day sport course. This includes 3G pitches, outdoor playing fields, sports hall and a newly refurbished state of the art fitness suite. All students have access to the latest resources, produced for effective delivery and understanding, which are regularly updated by our hardworking, passionate and creative department.

How will I enrich my studies?

BTEC Sport students will be provided with the opportunity to complete the Sports Leaders award and will be provided with opportunities to coach and deliver sessions within and outside of the college as part of this course.

Links with businesses locally have also meant that BTEC Sport students have been given opportunities to complete work experience and even Apprenticeships after they have completed their course of study.

All sport students are also encouraged to get involved with the Enrichment Programme and, in particular, the sporting opportunities on offer. The range of activities available is extensive from the more recreational, available throughout the week e.g. five-a-side football, table tennis, or badminton, to the competitive fixtures in rugby, football, basketball and netball. The department also runs an annual ski trip and organises a number of charity events. Involvement in these activities will be incredibly rewarding and enjoyable.

Our students say...

At Carmel, I really enjoy studying BTEC Sport. My teachers are approachable, the lessons are engaging and there is a lot of help and support.

BTEC Sport lessons are fun and enjoyable as well as being well structured and clear. The assignments are interesting and the deadlines are set in a way that allows you to balance college work with outside sporting commitments. The assignments also help you improve on your own individual sport/s, as they provide information about the things that can affect performance, particularly with the fitness testing and physiology units. This will also be the case next year when I will study Sports Coaching, Technical and Tactical, and Fitness Training units.

Whilst at Carmel I have made many new friends and I have become a more confident, well-rounded person. After Carmel, I hope to go to university and continue my studies. I also hope to carry on progressing with my FA refereeing, as I am going for promotion next season to go to Level 6 and hope to get the opportunity to officiate in another cup final in the coming seasons. I have also recently passed my FA Level 1 Coaching Course. I know that the staff at Carmel will help me to achieve my potential.



Christopher Atkins
St Gregory's

Studying:

BTEC Sport, Business Studies, ICT, Maths

Our students say...

I have really enjoyed my time at Carmel and have loved every minute of studying BTEC Sport.

There is a really positive atmosphere in the classrooms and all the teachers go the extra mile to give you the greatest opportunity of succeeding in this subject. There are many opportunities for students to catch up on any work in tutorial times or in a free classroom or even work with a teacher on a one-to-one basis. The door is always open to ask any questions and all the teachers are very friendly and approachable. After I finish at Carmel, I hope to complete an apprenticeship in the sport industry. Gaining this qualification will give me the greatest chance at a career in sport. Currently I am completing work experience in this industry which was arranged through the PE department, allowing me to gain valuable experience.



Tom Traynor
St Edmund Arrowsmith, Whiston

Studying:
BTEC Sport, Business Studies

Frequently Asked Questions

How good do I have to be practically?

A passion for sports involvement is an essential component of any student studying a BTEC programme. Regular participation in sport will support you in your studies and will enhance your ability to practically apply your knowledge and understanding throughout the course.

How successful are Carmel's students?

We are incredibly proud of the fantastic grades achieved by students studying with us. Results for students who completed the BTEC Subsidiary Diploma were 'Outstanding' again in 2016. 91% of students achieved Distinction*/Distinction grades and 100% of students achieved Distinction* to Merit grades. This is an amazing achievement for all students and staff involved.

What else do we offer?

Ski Trip

In addition to trips and visits as part of your course and links with local universities, the PE department also runs an annual ski trip for students across college. At Easter thirty students and five staff members departed Carmel in high spirits for the annual ski trip, bracing themselves for a week of exciting snow activities and of course ski lessons in Prato Nevoso, Italy. The students had an amazing time and all the beginners made excellent progress, with most experiencing the difficult black runs by the end of the week! The intermediate skiers were challenged throughout the trip and progressed so much that they joined up with the advanced group at times. The advanced skiers were entertained through games and challenges as the week progressed and were treated to a night skiing view of Italy! In the evening the students enjoyed snowshoeing, tubing, night skiing and a fancy dress themed party, in which all staff and students made a fantastic effort!! Next year's trip promises to be just as exciting and entertaining with new evening activities and potentially the snow train into the resort!



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What are the entry requirements for this course?

Grade C in GCSE PE or a Merit in BTEC Level 2 PE plus GCSE grade 4 in English Language and grade C in Science.

Meet the Tutors

Kate McDonnell
Head of Department

Jemma Garvin
PE Tutor

Jamie Hampson
PE Tutor

Lisa Wiswell
Sports Assistant

More Information

A detailed course specification is available on the exam board website - www.qualifications.pearson.com